



### JOB DESCRIPTION

Job Title:	Mental Health Recovery Facilitator		
Directorate:	People	Salary:	£30,024 - £35,412 plus £729 LWA& £963 ECU
Section:	Mental Health & Out of Hours	Grade:	BG-H (SCP 15-24)
Location:	Church Hill House & Time Square	Work Style:	Flexible

# **Key Objectives of the role**

- To support people in their mental health recovery journey to gain independence and prevent episode of mental ill health that warrant secondary care intervention, by connecting people to resources in their community with the voluntary and community sector, mainstream services and primary and social care.
- To form part of an asset-based approach to mental health recovery which focuses on people's strengths and abilities.
- To work together as a team to ensure that Bracknell Forest residents are socially connected, understand their mental health, solve problems, develop confidence and life skills so they can live as independently as possible.

## Designation of post and position within departmental structure



## Daily and monthly responsibilities

- To provide initial contact to arrange a face-to-face meeting with each allocated client where they feel comfortable in the community.
- To ensure people identify and build on their strengths, interests and abilities by empowering individuals, building rapport and promoting self-care.
- To help people identify, plan and work towards desired outcomes and aspirations. To
  provide information, advice and signposting to relevant community assets and where
  necessary make introductions to organisers.
- To participate and represent the network in multi-agency meetings and events to increase introductions and promote the service to other professionals.
- To plan, coordinate and facilitate group sessions for clients.
- Encouraging and empowering clients to self-manage their mental health and coach techniques to help manage future challenges and promote resilience.
- Act as a link between primary and secondary mental health services, social care and those in the voluntary and community sector.
- To record and report accurate and reliable data to ensure the decision-making processes are based on the highest quality data in accordance with the Council's Data Quality Statement.

#### Scope of role

- Working collaboratively with other recovery support services.
- Support management to develop the network, including identifying partnerships with key referral agencies, local partners and stakeholders.
- Set up and facilitate events around awareness campaigns e.g. World Mental Health Day.
- Always working with Bracknell Forest Council and Berkshire Healthcare NHS Foundation Trust policies, procedures and local protocols.
- The post-holder is not required to manage a budget but must be mindful of costings.
- The post-holder does not have line management responsibilities.

Commitment to the Council's Equal Opportunities policy at all times

Commitment to working within the bounds of the Data Protection Act and GDPR legislation at all times.

Such other duties as may from time to time be necessary, compatible with the nature of the post. It should be noted that the above list of main duties and responsibilities is not necessarily a complete statement of the final duties of the post. It is intended to give an overall view of the position and should be taken as guidance only





# **PERSON SPECIFICATION**

KEY CRITERIA	ESSENTIAL	DESIRABLE
Skills and	Educated to GCSE level, or equivalent,	Higher level education with
qualifications	including English and Maths.	related subject.
	Mental Health training including Mental Health First Aid, Suicide Prevention and Awareness modules.	Motivational Interviewing Training.
Competence Summary (Knowledge, abilities, skills, experience)		Experience working with carers.  Awareness of asset-based community development and restorative approaches.  Knowledge of welfare and housing benefits.  Experience of health care systems such as RiO, LAS or Connected Care.

	Ability to work unsupervised in a range
	of community settings.
	Ability to manage time in the working
	day and ensure tasks are completed in
	a timely fashion.
	Commitment to co-production.
Work-related	The post holder must hold a full UK
Personal	driving licence (or valid equivalent).
Requirements	Non-UK licences must be converted to
	UK licences in the first six months of
	employment.
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	Ability to work with people from a range
	of different backgrounds and have a
Other Work	non-discriminatory attitude.
Requirements	A satisfactory enhanced Disclosure and Barring Service check.
Requirements	Dailing Service Check.
	This role has been identified as public
	facing in accordance with Part 7 of the
	Immigration Act 2016; the requirement
	to fulfil all spoken aspects of the role
	with confidence in English applies.
	This post is exempt from the
	Rehabilitation of Offenders Act 1974.
	Ability to travel independently within the
	community.
	Able to commit to flexible work patterns,
	including occasional evenings and
	weekends.
Role models	Our values define who we are. They
and	outline what is important to us. They
demonstrates	influence the way we work with each
the	other – and the way we serve our
Council's	residents and engage with our
values and	communities.
behaviours	
	We make our values real by
	demonstrating them in how we behave
	everv dav.

All staff should hold a duty and commitment to observing the Council's Equality & Dignity at Work policy at all times. Duties must be carried out in accordance with relevant Equality & Diversity legislation and Council policies/procedures.





