

Vacancy Advert Details

Please complete all the fields to assist the Recruitment team in placing your advert.

Recruiting Manager Details

Manager Full Name	Sohaila Amini
Manager Post Title	Membership Experience Manager

Vacancy Details

Post Title (as detailed on the Job Description)	Weight Management Exercise Coach
Type of Contract	Permanent
Length of contract if temporary, please state n/a for permanent contracts	
Is a full Driving Licence listed as an essential criteria on the Job Description?	No
Is a DBS check required and listed on the Job Description as an essential criteria?	No
Please confirm the weekly hours and working pattern of the post?	
15 hours per week	
Will the post holder be expected to work Bank Holidays, evenings or weekends. Please specify details below	
Not expected – but it is a possibility	
Where will the post be based?	Choose an item.
Will there be an option for Hybrid Working? (if yes, please give details of expected on-site days/frequency of office working in advert wording below)	No
Does the Flexible Working Hours scheme apply to this post?	No
All Vacancy adverts will include the following sentence as standard: <i>Flexible working friendly – we offer hybrid working, a generous flexi-time scheme, and opportunity to work with your team to establish working hours to enable you to maximise your work-life balance</i> Please confirm if this statement can be included in the advert for your role.	No
Will the Post holder be required to undertake Standby duties to cover out of hours work?	No
Is this role Politically Restricted? <i>If you are unsure please speak to a HR Advisor</i>	No
Please use this section to write about the role, duties/responsibilities etc of the role that need to be included in the advert.	
We're looking for an enthusiastic and supportive Weight Management Exercise Coach to join our team and help participants build confidence, improve their health, and stay active after completing our Weight Management Programme. In this rewarding role, you'll deliver tailored 1:1 gym inductions, design personalised training plans, and provide ongoing motivation and guidance to encourage long-term participation in physical activity. You'll also follow up with participants to track progress, answer questions, and support them as they transition into independent gym use. This role plays a key part in helping people feel confident, supported and motivated to make lasting lifestyle changes. If you're passionate about health and fitness and enjoy helping others reach their goals, we'd love to hear from you.	
Do you have an interview date planned that you would like included in the advert? If so please confirm the date(s)	